

# **Title XIX Children's System of Care Plan November 1, 2007 through October 31, 2010**

## **Executive Summary**

Under the Jason K. (JK) Settlement Agreement the Arizona Department of Health Services, Division of Behavioral Health Services (ADHS/DBHS) and the Arizona Health Care Cost Containment System (AHCCCS) have agreed to prepare an Annual Action Plan that (1) describes progress made during the past year (e.g., 11/1/06 to 10/31/07) as it relates to each obligation and the 12 Principles laid out in the Settlement Agreement; and (2) sets forth major strategies and activities that will be employed over the coming year to meet the State's obligation under the Settlement Agreement.

This executive summary gives a brief overview of accomplishments and the goals and objectives for the coming three years with the focus of activity being November 1, 2007 through October 31, 2008. Please review the [Children's System of Care Plan – Accomplishments Nov. 1, 2006 – Oct. 31, 2007](#) for a detailed review of accomplishments. Additionally, review the [Children's System of Care Plan – Nov. 1, 2007 – Oct. 31, 2010 Goals and Objectives](#) for the major strategies and activities to be employed over the next three years.

### **November 1, 2006 – October 31, 2007 Summary of Accomplishments**

ADHS has focused its efforts, over the past year, on implementing several initiatives to increase capacity and improve the quality of services provided to children and their families. The goal of the initiatives has been to enhance and strengthen the Title XIX children's behavioral health system to ensure delivery of services in accordance with the 12 Principles and the Child and Family Team Practice. Highlights of this year's accomplishments include:

- Approximately \$11,000,000 in additional CAP rate funding to improve the case manager workforce by working toward a 1:15 caseload ratio for children with high service intensity levels;
- Approximately \$15,000,000 in additional CAP rate funding to expand support and rehabilitation services to support families;
- Implementation of a statewide practice improvement process known as the Wraparound Fidelity Assessment System;
- Implementation of the "Meet Me Where I Am" campaign created to build capacity and expertise in the development and implementation of support and rehabilitation services, also known as direct support services;
- Adoption of the Child and Adolescent Service Intensity Instrument to assist in the identification of children with high service intensity levels and in need of a case manager;
- Continued expansion of the number of children served through Child and Family Team Practice.
- Continued support of the statewide Family Committee and the involvement of families in all aspects of the children's behavioral health system.

### **November 1, 2007 – October 31, 2010 Goals and Objectives**

The Goals and Objectives outlined in this Title XIX Children's System of Care Plan represent activities that ADHS will undertake to further meet Settlement Agreement obligations. This plan includes input from AHCCCS and various stakeholders, including T/RBHAs, providers, and families. The four goal areas for the state's plan and respective objectives include:

Goal 1 -Develop a statewide quality management system for children's services that strengthens practice according to the Arizona 12 Principles.

Objective 1.1 – Implement an in-depth, statewide tool and process that reviews practice and adherence to the Child and Family Team Practice and 12 Principles.

Objective 1.2 – Promote adherence to the Arizona 12 Principles and Child and Family Team practice through the use of Quality Management measures at the ADHS, T/RBHA, and Provider levels.

Objective 1.3 – Publish and disseminate practice review findings and quality management information.

Goal 2 -Implement a children's statewide service delivery system in accordance with the Arizona 12 Principles and Child and Family Team Practice.

Objective 2.1 – Conduct ongoing network analysis of case manager capacity in order to provide case managers for all children with complex behavioral health needs.

Objective 2.2 – Expand the capacity and quality of Support and Rehabilitation Services, and of specialty Clinical Services.

Objective 2.3 – Expand capacity in Substance Abuse Services and incorporate goals into the network development planning process.

Objective 2.4 – Implement the revised intake, assessment, and service planning process and adjust current policy and practice related to this process

Objective 2.5 – Implement T/RBHA Child and Family Team expansion plans to serve all enrolled children and families through the Child and Family Team practice.

Objective 2.6 – Promote the use of Functional Behavioral Assessment/Analysis and Positive Behavioral Support strategies using existing covered behavioral health services.

Objective 2.7 – Ensure service delivery, for young adults ages 18-21, in accordance with the Arizona 12 Principles

Objective 2.8 – Enhance Home Care Training to Home Care Client (HCTC) services for children, adolescents and young adults.

Objective 2.9 – Enhance behavioral health services for children, birth to five.

Objective 2.10 - Implement the Child and Adolescent Service Intensity Instrument (CASII).

Goal 3 –Develop strong technical assistance initiatives to strengthen Child and Family Team Practice in accordance with the Arizona 12 Principles.

Objective 3.1 – Enhance clinical supervision and coaching to promote the development of practice improvement strategies.

Objective 3.2 – Enhance training to development and strengthen the behavioral health workforce.

Objective 3.3 – Enhance monitoring to ensure appropriate implementation and utilization of ADHS practice protocols, technical assistance, and training and supervision requirements

Goal 4 -Involve youth and families in improving the behavioral health system.

Objective 4.1 – The Family Committee, consisting of family representatives from across the state, will continue to review quality management data, gather feedback from their local communities, and make recommendations to ADHS for system improvement.

Objective 4.2 – Strengthen family involvement in an effort to enhance positive outcomes for children and families.

Objective 4.3 – Strengthen youth involvement to enhance positive outcomes for children and families.

ADHS has met with the leadership of the T/RBHAs, associated local service providers, and family member representatives at each Geographical Service Area to review with them the details of this Children's System of Care Plan and the expectations for the upcoming year. Each T/RBHA is developing and implementing its own Geographic Service Area (GSA)-specific work plan incorporating local service providers and relevant provider-specific objectives. ADHS will monitor progress on the T/RBHA level plans throughout the coming year.

ADHS and AHCCCS are committed to the successful implementation of the goals and objectives described in this Plan and strongly believe that the direction outlined for the coming year is vital to the continued development of a sustainable high-quality system. While unanticipated issues may arise requiring adjustments or modifications to particular plan tasks or objectives, ADHS and AHCCCS are committed to completion of the Goals/Objectives/Tasks set forth in this Children's System of Care Plan and the timeframes indicated.

Please review the detailed [Children's System of Care Plan – Nov. 1, 2007 – Oct. 31, 2010 Goals and Objectives](#) and the [Children's System of Care Plan Accomplishments - Nov. 1, 2006 through Oct. 31, 2007](#) for additional information.